


ST. ALBAN ROE

Healthy Habits Lunch

MAY 2021

6Z GATORADE, CHOCOLATE OR WHITE MILK AND 8 OZ. BOTTLED WATER AVAILABLE TO PURCHASE FOR AN ADDITIONAL COST

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>ENTRÉE CHOICE 1 Mini Waffles</p> <p>ENTRÉE CHOICE 2 Bagel & Cream Cheese</p> <p>SIDE ITEMS: Yogurt Seasonal Fresh Fruit Hash Brown Milk, Fat Free</p> <p>SALAD OF THE DAY Chicken Caesar Salad</p>	<p>ENTRÉE CHOICE 1 Hot Dog</p> <p>ENTRÉE CHOICE 2 Cheeseburger</p> <p>SIDE ITEMS: Chips Fruit Cup Oreo Cookies Milk, Fat Free</p> <p>SALAD OF THE DAY St. Louis Hill Salad</p> <p style="background-color: yellow;">TUESDAY TREAT \$1.25 Chocolate Cream Pie</p>	<p>ENTRÉE CHOICE 1 Mini Taco</p> <p>ENTRÉE CHOICE 2 Corn Dog</p> <p>SIDE ITEMS: Tator Tots Seasonal Fresh Fruit Jell-O Milk, Fat Free</p> <p>SALAD OF THE DAY Taco Salad</p>	<p>ENTRÉE CHOICE 1 Bosco Stick</p> <p>ENTRÉE CHOICE 2 Toasted Ravioli</p> <p>SIDE ITEMS: Buttered Noodles Seasonal Fresh Fruit Pudding Milk, Fat Free</p> <p>SALAD OF THE DAY Chicken Caesar Salad</p>	<p>ENTRÉE CHOICE 1 PAPA JOHNS PIZZA DAY</p> <p style="text-align: center;"></p> <p>SALAD OF THE DAY Chef Salad</p>
10	11	12	13	14
<p>ENTRÉE CHOICE 1 Pancake</p> <p>ENTRÉE CHOICE 2 Sausage Biscuit</p> <p>SIDE ITEMS: Bacon Seasonal Fresh Fruit Yogurt Milk, Fat Free</p> <p>SALAD OF THE DAY Chicken Caesar Salad</p>	<p>ENTRÉE CHOICE 1 Chicken Patty</p> <p>ENTRÉE CHOICE 2 Chicken Strip</p> <p>SIDE ITEMS: Chips Seasonal Fresh Fruit Oreo Cookies Milk, Fat Free</p> <p>SALAD OF THE DAY St. Louis Hill Salad</p> <p style="background-color: yellow;">TUESDAY TREAT \$1.25 Sugar Cookie</p>	<p>ENTRÉE CHOICE 1 Spaghetti with Meat Sauce</p> <p>ENTRÉE CHOICE 2 Buttered Noodles</p> <p>SIDE ITEMS: Breadstick Seasonal Fresh Fruit Rice Krispies Treat Milk, Fat Free</p> <p>SALAD OF THE DAY Taco Salad</p>	<p>ENTRÉE CHOICE 1 PAPA JOHNS PIZZA DAY</p> <p style="text-align: center;"></p> <p>SALAD OF THE DAY Chicken Caesar Salad</p>	<p style="background-color: yellow; padding: 5px;">Early Dismissal Day!</p>
17	18	19	20	21
<p>ENTRÉE CHOICE 1 Turkey & Cheese on Hawaiian Bun</p> <p>ENTRÉE CHOICE 2 Pretzel with Cheese</p> <p>SIDE ITEMS: Veggies with Dip Seasonal Fresh Fruit Cookie Milk, Fat Free</p> <p>SALAD OF THE DAY Chicken Caesar Salad</p>	<p>ENTRÉE CHOICE 1 Chicken Nuggets</p> <p>ENTRÉE CHOICE 2 Chicken Patty</p> <p>SIDE ITEMS: Chips Seasonal Fresh Fruit Jell-O Milk, Fat Free</p> <p>SALAD OF THE DAY St. Louis Hill Salad</p> <p style="background-color: yellow;">TUESDAY TREAT \$1.25 Long John Donut</p>	<p>ENTRÉE CHOICE 1 Chicken Rings</p> <p>ENTRÉE CHOICE 2 Grilled Cheese</p> <p>SIDE ITEMS: Tator Tots Seasonal Fresh Fruit Rice Krispies Treat Milk, Fat Free</p> <p>SALAD OF THE DAY Taco Salad</p>	<p>ENTRÉE CHOICE 1 Hot Dog</p> <p>ENTRÉE CHOICE 2 Cheeseburger</p> <p>SIDE ITEMS: Fries Seasonal Fresh Fruit Pudding Milk, Fat Free</p> <p>SALAD OF THE DAY Chicken Caesar Salad</p>	<p>ENTRÉE CHOICE 1 PAPA JOHNS PIZZA DAY</p> <p style="text-align: center;"></p> <p>SALAD OF THE DAY Chef Salad</p>
24	25	26	27	28
<p>ENTRÉE CHOICE 1 Waffles</p> <p>ENTRÉE CHOICE 2 Bagel & Cream Cheese</p> <p>SIDE ITEMS: Yogurt Sausage Seasonal Fresh Fruit Milk, Fat Free</p> <p>SALAD OF THE DAY Chicken Caesar Salad</p>	<p>ENTRÉE CHOICE 1 Mini Taco</p> <p>ENTRÉE CHOICE 2 Mini Corn Dog</p> <p>SIDE ITEMS: Chips Seasonal Fresh Fruit Oreo Cookies Milk, Fat Free</p> <p>SALAD OF THE DAY St. Louis Hill Salad</p> <p style="background-color: yellow;">TUESDAY TREAT \$1.25 Ice Cream Cup</p>	<p>ENTRÉE CHOICE 1 JIMMY JOHN'S SPECIAL Turkey & Cheese Sub \$5.00</p> <p style="text-align: center;"></p> <p>SIDE ITEMS: Chips Seasonal Fresh Fruit Cookie Milk, Fat Free</p> <p>SALAD OF THE DAY Taco Salad</p>		<p>CONGRATS TO OUR GRADUATES!</p> <p style="text-align: center;"></p>



HAVE A GREAT SUMMER!
SEE YOU IN THE FALL!



DAILY SPECIAL

Chicken Rings
with French Fries
3.80

Cod Nuggets
with French Fries
3.80

Nachos
with Meat & Cheese
3.80

Chicken Strips
with French Fries
3.80

Pretzel
with Cheese
3.80

PRESCHOOL \$3.75

GRADES K-8 \$4.20

FACULTY & STAFF \$4.00

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"A Local Company Serving You With Pride"

