

ST. ALBAN ROE

Healthy Habits Lunch

September 2022

62 GATORADE, CHOCOLATE OR WHITE MILK AVAILABLE TO PURCHASE FOR AN ADDITIONAL COST

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
 <h2 style="text-align: center;">September</h2>				
			8	9
ENTRÉE CHOICE 1 Waffle ENTRÉE CHOICE 2 Scrambled Egg SIDE ITEMS: Bacon Seasonal Fresh Fruit Yogurt 1% Milk SALAD OF THE DAY Chicken Caesar Salad				NOON DISMISSAL No Lunch
5	6	7	8	9
Labor Day NO SCHOOL 	ENTRÉE CHOICE 1 Cheeseburger ENTRÉE CHOICE 2 Hot Dog SIDE ITEMS: Fries Fruit Teddy Grahams 1% Milk SALAD OF THE DAY Cobb Salad	ENTRÉE CHOICE 1 JIMMY JOHN'S SPECIAL Turkey & Cheese Sub \$5.00 SIDE ITEMS: Chips Seasonal Fresh Fruit Cookie 1% Milk  SALAD OF THE DAY Taco Salad	ENTRÉE CHOICE 1 Macho Nachos ENTRÉE CHOICE 2 Mini Corn Dog SIDE ITEMS: Corn Seasonal Fresh Fruit Pudding 1% Milk SALAD OF THE DAY Chicken Caesar Salad	ENTRÉE CHOICE 1 Chicken Strips ENTRÉE CHOICE 2 Grilled Cheese SIDE ITEMS: Mixed Vegetables Seasonal Fresh Fruit Vanilla Wafers 1% Milk SALAD OF THE DAY Strawberry Chicken Spinach
12	13	14	15	16
ENTRÉE CHOICE 1 Bosco Stick ENTRÉE CHOICE 2 Toasted Ravioli SIDE ITEMS: Green beans Fruit Jell-O 1% Milk SALAD OF THE DAY Chicken Caesar Salad	ENTRÉE CHOICE 1 Pancakes Sausage Bites ENTRÉE CHOICE 2 Bagel w/Cream Cheese SIDE ITEMS: Hash Brown Fruit Yogurt 1% Milk SALAD OF THE DAY Cobb Salad	ENTRÉE CHOICE 1 Chicken Rings ENTRÉE CHOICE 2 Popcorn Shrimp SIDE ITEMS: Fries Seasonal Fresh Fruit Oreo 1% Milk SALAD OF THE DAY Taco Salad	ENTRÉE CHOICE 1 PAPA JOHNS PIZZA DAY  1% Milk SALAD OF THE DAY Chicken Caesar Salad	NOON DISMISSAL No Lunch
19	20	21	22	23
ENTRÉE CHOICE 1 Grilled Ham & Cheese ENTRÉE CHOICE 2 Popcorn Chicken SIDE ITEMS: Veggies with Ranch Seasonal Fresh Fruit Rice Krispies Treat 1% Milk SALAD OF THE DAY Chicken Caesar Salad	ENTRÉE CHOICE 1 Cheese Pizza ENTRÉE CHOICE 2 Chicken Patty SIDE ITEMS: Chips Fruit Villa Wafer 1% Milk SALAD OF THE DAY Cobb Salad	ENTRÉE CHOICE 1 Chicken Nuggets ENTRÉE CHOICE 2 Cod Sandwich SIDE ITEMS: Fries Seasonal Fresh Fruit Brownie 1% Milk SALAD OF THE DAY Taco Salad	ENTRÉE CHOICE 1 Mini Corn Dog ENTRÉE CHOICE 2 Mini Taco SIDE ITEMS: Corn Seasonal Fresh Fruit Cookie 1% Milk SALAD OF THE DAY Chicken Caesar Salad	ENTRÉE CHOICE 1 Orange Chicken ENTRÉE CHOICE 2 Crab Rangoon SIDE ITEMS: White Rice Broccoli Fortune Cookie 1% Milk SALAD OF THE DAY Garden Salad
26	27	28	29	30
ENTRÉE CHOICE 1 Cheeseburger ENTRÉE CHOICE 2 Hot Dog SIDE ITEMS: Chips Seasonal Fresh Fruit Cookie 1% Milk SALAD OF THE DAY Chicken Caesar Salad	ENTRÉE CHOICE 1 Mac & Cheese ENTRÉE CHOICE 2 Buttered Noodles SIDE ITEMS: Broccoli Fruit Pudding 1% Milk SALAD OF THE DAY Cobb Salad	ENTRÉE CHOICE 1 Chicken Strips ENTRÉE CHOICE 2 Popcorn Shrimp SIDE ITEMS: Fries Seasonal Fresh Fruit Ice Cream 1% Milk SALAD OF THE DAY Taco Salad	ENTRÉE CHOICE 1 French Toast ENTRÉE CHOICE 2 Sausage Bagel SIDE ITEMS: Hash Brown Seasonal Fresh Fruit Yogurt 1% Milk SALAD OF THE DAY Chicken Caesar Salad	ENTRÉE CHOICE 1 PAPA JOHNS PIZZA DAY 
DAILY SPECIAL				
Jumbo Pretzel with Cheese Sauce 3.75	Chicken Strips (2) with French Fries 4.25	Soft Tacos (2) 3.75	Chicken Rings with Fries 4.25	2 Bosco Breadsticks with Sauce 4.00

LUNCH PRICES - INCLUDES MILK

PRESCHOOL \$4.50

GRADES K-8 \$5.00

FACULTY & STAFF \$4.75



Food Service Consultants, Inc.
"A Local Company Serving You With Pride"

